

Lent

Family Activities

1. KEEP A REGULAR LENT PRAYER TIME AT HOME.
2. MAKE SOMEONE A 'THINKING OF YOU' CARD.
3. DONATE TO A FOOD BANK OR OTHER CHARITY.
4. OFFER TO HELP WITH HOUSEWORK OR OTHER CHORES.
5. VISIT AN ELDERLY NEIGHBOUR OR RELATIVE.
6. TALK ABOUT EACH BIBLE VERSE AND IMAGE.



A: Deuteronomy 6: 6-9,
Colossians 3: 16



B: Numbers 32: 13,
Matthew 4: 1-11



C: Isaiah 58: 3-11,
Matthew 6: 1-4



D: Jonah 3,
Matthew 11: 20-22



E: Esther 4: 12-17,
Joel 2: 12, Acts 13: 2



F: Exodus 12: 1-14,
Mark 14: 22-25



G: Isaiah 53: 12,
Luke 22: 35-38; 47-53



H: Genesis 37: 12-28,
Mark 14: 1-11



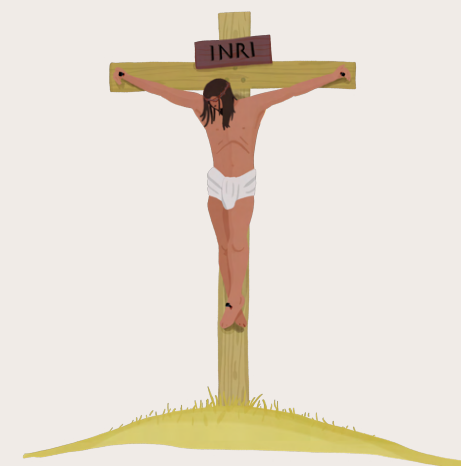
I: Zechariah 13: 7,
Mark 14: 66-72



J: Zechariah 9: 9,
Mark 11: 1-11



K: Genesis 22: 1-19,
John 19: 1-22



L: Isaiah 53,
John 19: 23-42